



Daily Live Activities / Lessons



Activity	Link	Time
Dan Hancock PE lesson	Facebook: Dan Hancock – The Mental Health PT	Daily at 9.00am
Joe Wicks PE	Live on YouTube / Facebook (The Body Coach TV)	9.00am daily
Jump Start Jonny dance and workouts	https://www.youtube.com/channel/UC8PDFwCVOHHcl08-1SzdiBw	Every day at 9.00am
Newsround	www.bbc.co.uk/newsround	9.15am and 12.10pm daily
Spread the Happiness TV (dough disco, squiggle etc.)	https://www.youtube.com/channel/UCj0shfH3pzhrf3dOrSj_pRw	9.30am daily
Pie Corbett Literacy Hour (upper stages literacy for 1 hour each day)	https://radioblogging.net	Daily at 9.30am
Dadsnet Classroom Live phonics classes	Facebook: Katie's Classroom	Daily at 9.30am
Steve Backshall Wildlife	Follow Steve Backshall on Facebook	Daily at 9.30am (see Facebook for latest / updated timings)
Music with Myleene Klass	Follow Myleene Klass on Instagram	Mondays and Fridays at 10.00am
Growing Smiles Tooth School (Oral / dental hygiene)	Live on Facebook - @growingsmilesuk	10.00am each day
Number Fun Live	https://www.youtube.com/channel/UChw_M0-qiWfT0_SkrCU1-LA	Weekdays at 10.00am
Maths with Carol Vorderman	www.themathsfactor.com	10.00am daily
Dazzle and Fizz Early years activities	Join Facebook group "Free Online Daily Kids Club with Dazzle and Fizz"	Each day at 10.00am
Glasgow Science Centre	Facebook: Glasgow Science Centre	Every day at 10.00am
Shaper/Caper dance and active movement	Follow Shaper/Caper on Facebook	Weekdays at 10.30am
Hobbycraft craft lesson	Follow Hobbycraft on Facebook	Every day at 11.00am
Science with Maddie Moate	www.youtube.com/user/maddiemoate	11.00am weekdays
Fischy Music live assembly	Follow Fischy music on Facebook / https://www.youtube.com/user/Fischymusic	Every Monday at 11am
Audio Stories from David Walliams	https://www.worldofdavidwalliams.com/elevenses/	Each day at 11.00am
Live Dance Lesson with Oti Mabuse	Follow Oti Mabuse on Facebook	11.30am for kids dance classes
Lunch – Cooking with Jamie Oliver	www.jamieoliver.com/features/category/get-kids-cooking/	12 noon daily

Techniquiest (science)	www.techniquiest.org	12 noon daily
The Critter Keeper All about animals	Follow The Critter Keeper on Facebook	Daily at 1.30pm
Reef Relief Marine science	Follow Reef Relief on Facebook	Every Monday, Wednesday and Friday at 2.30pm UK time
SFC Academy Football / fitness	Follow Sfc Academy on Facebook	Live class every day at 3.30pm
Ben Fogle Adventure / wilderness	Follow Ben Fogle on Instagram	4.00pm each day
Live reading by R J Palacio (Author of "Wonder")	www.twitter.com/rjpalacio	4.00pm – 4.45pm daily (UK time)
Cook with Theo	Youtube.com/cookwiththeo	Every Monday and Wednesday at 4.00pm
McArt studio art lesson	Follow McArt studio on Facebook	Every day at 6.00pm (UK time)
Adam Garcia family tap class	Follow Adam Garcia on Facebook	Times posted online (Facebook / Instagram)
Steve Anthony Draw-a- Story masterclass	Twitter: https://twitter.com/mrsteveantony?lang=en	Follow Twitter for times
Ruth Miskin Education (RWI)	https://www.facebook.com/miskin.education/	See Facebook page for details of live phonics / RWI lessons
Count on Us Maths	Follow Count on Us on Facebook	Live lessons (see Facebook for timings)
Piper's Passport Live Story Reading	Follow Piper's Passport on Facebook	See Facebook page for timings
Tumble Tots Active Play / Movement	Follow Tumble Tots UK on Facebook	See Facebook page for updated timings
Twinkl Live Lessons For 3-5, 5-7 and 7-11	Follow Twinkl Scotland Parents group	See group for lesson timings for different age groups
Theatre of Science	Facebook – Theatre of Science www.theatreofscience.co.uk	See Facebook for live lesson timings
Lingo Box Learning Languages	Follow Lingobox Learning on Facebook	See Facebook for live lesson timings
Dantastic Productions Free online parties every day	Follow Dantastic Productions on Facebook	See Facebook page for timings