

## Springvale Primary School

### Things to consider when discussing E-Safety with your family...

#### Keeping safe

- How safe is our personal information?
  - Do we have strong passwords?
  - Do we all have usernames that don't reveal our full name?
- Have we considered parental controls which would be right for our family?
- Have we discussed online friendships and whether we can trust them?
- Do we need a family email address?
- Who will we talk to if we feel uncomfortable about anything we have seen or heard online or on a mobile phone or gaming device?
- When is it okay to download files, games or apps?
- Have we checked the reviews and ratings for apps and games?
- Which websites are okay for us to use?
- Should we open links from people we don't know?

#### Social Networking

- Do we know the age requirements to be on social networks?
- Who can I post photos of online?
- Do I know why it is important for my accounts to be private?
- Do I know what happens to an image once it has been posted online?

#### Gaming

- Which age rated games can I play?
- Am I aware of why PEGI is important?
- Can I play online with people I don't know?

#### Positive Online Behaviour

- How can I be a good friend on the internet?
- What will I do if I receive frightening or bullying messages?

#### Healthy Lifestyle

- How long can we spend online?
- Do we spend the same amount of time enjoying offline activities?
- Where can we use our devices around the house?

Head to <https://www.thinkuknow.co.uk/> for more advice!

Golden Rule: Always tell an adult if you feel unsafe!

# Our Family E-Safety Agreement

## We agree to...

e.g. I will only use kind words when online.

## Who is responsible for this?

e.g. We will all make sure we only post kind comments.

**What should we do if we see something online that we don't want to see?**

**What happens if someone doesn't follow the agreement?**

**Signatures**