

# Helen Sharman

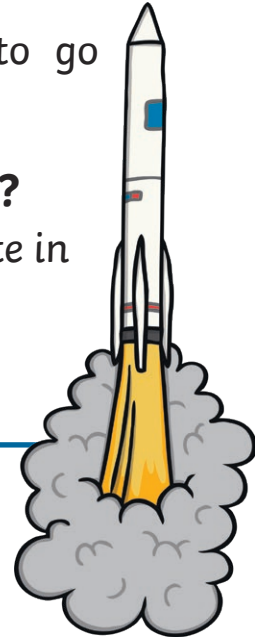
Helen Sharman was the first British person to go into space!

## What Did Helen Do before Going to Space?

- Helen worked hard to get a degree and a doctorate in Chemistry.
- She was an engineer and a chemist.

## Fun Facts

- Helen was born in 1963 in Sheffield, UK.
- Helen thought that space was amazing!

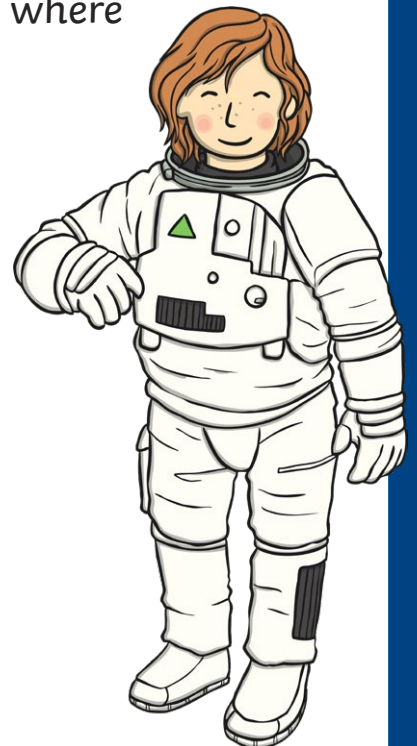


## What Has She Done?

- Helen heard a radio advert looking for astronauts – she beat 13,000 other people to be part of 'Project Juno'.
- Helen trained, in Russia, for 18 months.
- She became a research cosmonaut on board the Soyuz TM-12.
- It launched into space on an eight-day mission where
- Helen did different tests.

## What Is She Remembered For?

Helen was an astronaut and a scientist. She was one of only 59 women who have flown in space. Helen was the first ever British astronaut in space.



# Questions

1. What was Helen the first British person to do?  
go to school  
go into space  
go to Sheffield
2. How did she hear about the astronaut job advert?  
She heard it on the radio.  
She read it in a book.  
She saw it on Youtube.
3. How long was the mission into space?  
8 years  
8 months  
8 days
4. How many women have flown into space?  
5  
59  
5900
5. **Tick two** true facts about Helen Sharman.  
She went to space on board Soyuz TM-12.  
She comes from Spain.  
She trained for 18 months in Russia.

# Answers

1. What was Helen the first British person to do?  
go to school  
**go into space**  
go to Sheffield
2. How did she hear about the astronaut job advert?  
**She heard it on the radio.**  
She read it in a book.  
She saw it on Youtube.
3. How long was the mission into space?  
8 years  
8 months  
**8 days**
4. How many women have flown into space?  
5  
**59**  
5900
5. **Tick two** true facts about Helen Sharman.  
**She went to space on board Soyuz TM-12.**  
She comes from Spain.  
**She trained for 18 months in Russia.**

# Helen Sharman

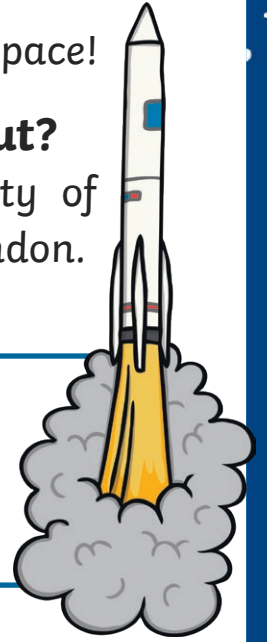
Helen Sharman was the first British person to go into space!

## What Did Helen Do before Becoming an Astronaut?

Helen gained a degree in Chemistry at the University of Sheffield and a doctorate from Birkbeck College, London. She worked as an engineer and a chemist.

### Fun Facts

- Helen was born on 30th May 1963.
- She comes from Sheffield, UK.



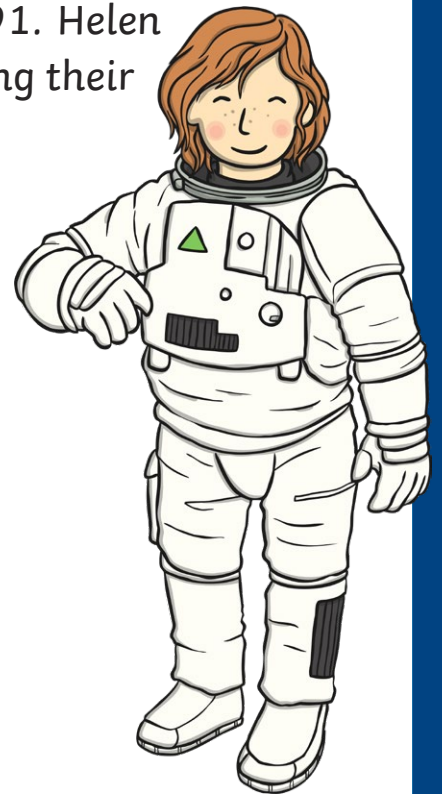
## What Has She Achieved?

In 1989, Helen applied with 13,000 other people to be an astronaut after hearing a radio advert looking for astronauts. She had to take many tests and then got the job as part of the British mission 'Project Juno'. Helen completed 18 months of training in Russia. Then, she became a research cosmonaut working on board the Soyuz TM-12. It launched into space on 18th May 1991 and returned to Earth on 26th May 1991. Helen carried out medical and agricultural tests during their eight-day mission.

## What Is She Remembered For?

Helen was an astronaut and a scientist. She is one of only 59 women who have flown in space. Helen was the first ever

British astronaut in space!  
She travelled around the UK talking about her experiences in space.



# Questions

1. What did Helen study at University?

PE

maths

chemistry

2. How many people applied for the astronaut job advert?

13

13 000

1989

3. What was the mission called?

Helen Sharman

Project Juno

earth

4. Find and copy **one word** which means 'set off'.

---

5. Complete the sentence by adding in the missing words.

She is one of only \_\_\_\_\_ who have flown in space.

# Answers

1. What did Helen study at University?

PE

maths

**chemistry**

2. How many people applied for the astronaut job advert?

13

**13 000**

1989

3. What was the mission called?

Helen Sharman

**Project Juno**

earth

4. Find and copy **one word** which means 'set off'.

**launched**

5. Complete the sentence by adding in the missing words.

She is one of only **59 women** who have flown in space.

# Helen Sharman

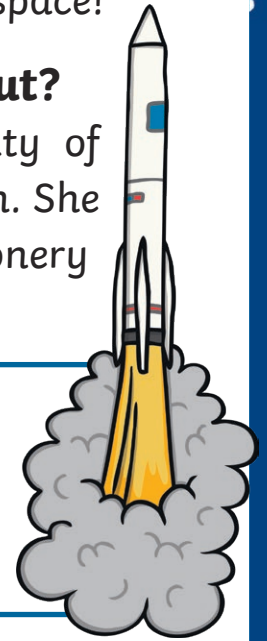
Helen Sharman was the first British person to go into space!

## What Did Helen Do before Becoming an Astronaut?

Helen gained a degree in Chemistry at the University of Sheffield and a doctorate from Birkbeck College, London. She worked in London as an engineer and for Mars Confectionery Ltd. as a chemist.

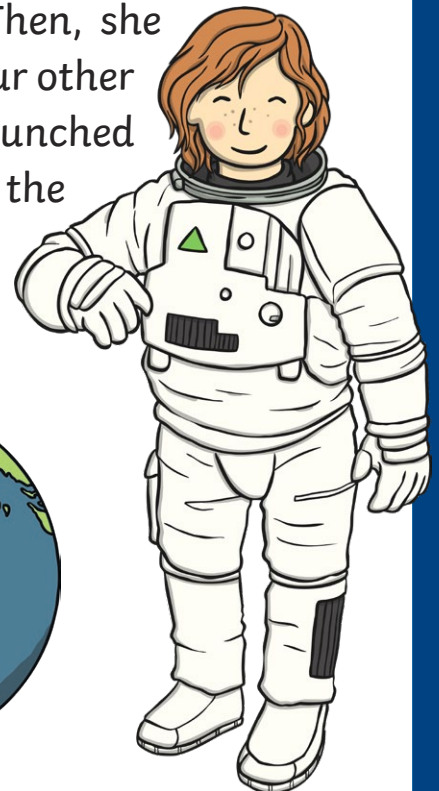
### Fun Facts

- Helen was born on 30th May 1963.
- She comes from Sheffield, UK.



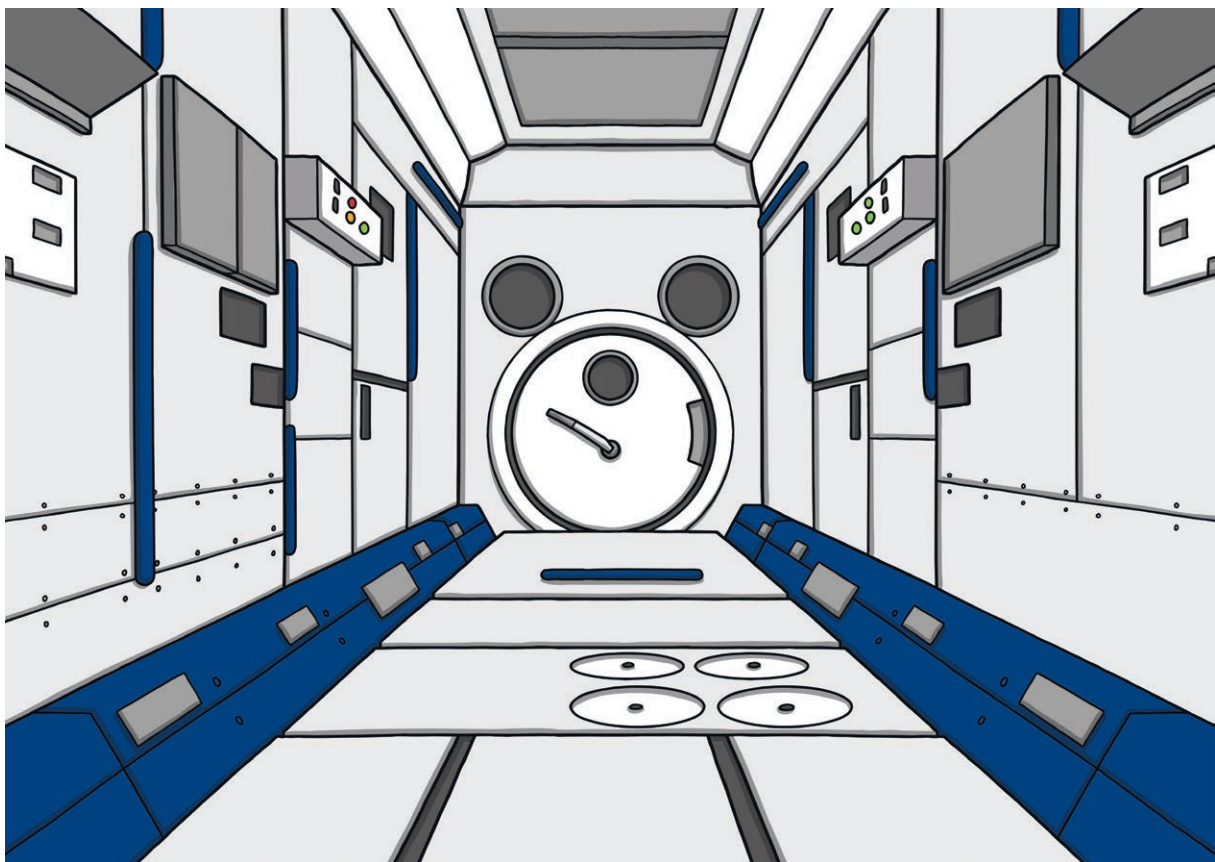
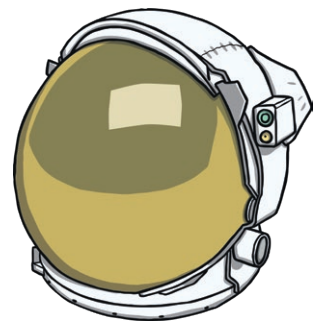
## What Has She Achieved?

In 1989, Helen applied, with 13,000 other people, to be an astronaut after hearing a radio advert looking for astronauts. She had to take many tests and then got the job as part of 'Project Juno', a commercial British cosmonaut mission. Helen completed 18 months of training in Russia. Then, she became a research cosmonaut working with four other astronauts on board the Soyuz TM-12. It launched into space on 18th May 1991 and docked at the space station 'Mir' on 20th May 1991. They returned to Earth aboard Soyuz TM-11 on 26th May 1991. Helen carried out medical and agricultural tests during their eight-day mission. In 1993, she was awarded an OBE from the Queen for her scientific work.



## What Is She Remembered For?

Helen is remembered for being an astronaut and a scientist. She is one of only 59 women who have flown in space. Helen was the first ever British astronaut in space, although some people mistakenly think that Major Tim Peake was. She spent some years travelling around the UK discussing her experiences in space. Helen now works as an operations manager in the chemistry department at Imperial College London.





# Questions

1. What nationality is Helen?

American

Russian

British

2. What did she work as before becoming an astronaut?

---

---

3. **Tick two** true facts.

Helen was part of Project Juno.

Tim Peake was the first British astronaut in space.

Five people went into space that day on board Soyuz TM-12.

4. Find and copy **one word** which means 'talk about'.

---

5. Complete the sentence.

Helen \_\_\_\_\_ during  
their eight-day mission.

6. What surprised you most about her achievements and why?

---

---

---

---

# Answers

1. What nationality is Helen?

American

Russian

**British**

2. What did she work as before becoming an astronaut?

---

---

3. **Tick two** true facts.

**Helen was part of Project Juno.**

Tim Peake was the first British astronaut in space.

**Five people went into space that day on board Soyuz TM-12.**

4. Find and copy **one word** which means 'talk about'.

**discuss**

5. Complete the sentence.

Helen **carried out medical and agricultural tests** during their eight-day mission.

6. What surprised you most about her achievements and why?

**Children's own answers**