



Date: 28/09/20

Year 6 children only

FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at SPRINGVALE PRIMARY SCHOOL

Advice for Child to Self-Isolate for 14 Days

Dear Parent,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school in our Y6 setting.

We have followed the national guidance and have identified that your child has been in close contact with the affected child as a member of their bubble. In line with the national guidance we recommend that your child now stay at home, from today, and self-isolate until **Thursday 8th October and then they can return to Year 6 from Friday 9th October.** We will set work for the children throughout and we are here to offer support where required for pupils or families.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. **This means that children should not leave the house for school, socialising or even exercise.**

If your child is well at the end of the period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

A thorough clean of the affected areas (Y6 classroom and Community Room) will take place after a period of quarantine over the next seven days. The Y5/6 toilets have been cleaned thoroughly, as they are several times each day. The Y6 children were using different cubicles to Y5 children as part of our risk assessment practice.

Parents and carers will be kept informed of the measures taken by the school to mitigate and manage the situation and we thank parents and carers for their support.

Our thoughts are with the child and family involved.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Mr L McClure

Headteacher

Helpful Advice

- 1. Children must self-isolate even if they do not have symptoms, they should not leave the house to play or access other homes or activities**
- 2. Children do not require a test unless they develop COVID symptoms during the period of self-isolation. If they do develop symptoms, please let us know immediately.**
- 3. Siblings can return to school as normal, unless they start to display COVID symptoms**
- 4. Self-isolating children cannot attend to the school site to drop off or collect siblings.**
- 5. The self-isolation applies to the Y6 children but NOT their entire family.**
- 6. Please note that Y6 children have not mixed with other classes in school, even at clubs or outdoor breaks**
- 7. Our Year 6 staff will send out some helpful advice and guidance for useful home learning at the start of the next two school weeks.**