

Springvale Primary School

FS1 **Rainbow** Bubble Remote Learning Timetable w/b 22nd February 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Session 1 Zoom	<p>9.10-9. 30 am Zoom with Mrs Exley Hello song</p> <p>Read 'Harry and the bucket full of dinosaurs' together. Revise sounds together. (as phonics.) Rainbow challenge – find a bucket and give it a wash. Write your name on your dinosaur label and tie it to your bucket. Show us on zoom tomorrow.</p>	<p>9.10-9. 30 am Zoom with Mrs Exley Hello song</p> <p>Clapping syllables. Rainbow challenge – choose your favourite paper plate dino to show on zoom.</p>	<p>9.10-9. 30 am Zoom with Mrs Exley Hello song</p> <p>Dinosaur rhymes (see sheet) Make up our own rhyme (wheels on the bus tune) Practise dinosaur sounds with speech bubbles. Rainbow challenge – show your dinosaur poster or model on zoom.</p>	<p>9.10-9. 30 am Zoom with Mrs Exley Hello song</p> <p>Make shape dinosaurs together. Revise shape names. Which sounds has Sound dinosaur eaten? Rainbow challenge – bring your dinosaur egg numbers to zoom tomorrow.</p>	<p>9.10-9. 30 am Zoom with Mrs Exley Hello song</p> <p>Dinosaur number games. Stomp to the swamp. Rainbow challenge – ask your grown up to buy you some cotton buds over the weekend, if you haven't already got some. We're going to make dinosaur skeletons!!</p>
Session 2 General	<p>Make a dinosaur den in your house where you think the dinosaurs would like to live. When you next go on a walk, collect things to make a dinosaur world for toy dinosaurs. Put them on a tray when you get back to make somewhere for your toy dinosaurs to live.</p>	<p>Use your paper plate to make 1 or 2 dinosaurs, like the picture. Or can you think of a way to change your paper plate into a dinosaur.</p>	<p>Read Tyrannosaurus Ellie and then have a go at making a dinosaur like Ellie did. OR make a dinosaur poster and make up your very own dinosaur and draw him.</p>	<p>Do the shape sheet together for ideas and then collect different shaped objects from around your house. Either build a dinosaur with the shapes or draw round the shapes to make a dinosaur.</p>	<p>Play Stomp to Swamp game. Hide the dinosaur eggs in the house or garden. Find the eggs and order them when you have found them all.</p>
Session 3 Phonics	<p>Use your laminated dinosaur. Watch your adult write a sound on it and you have a go at writing the same sound or saying the sound.</p>	<p>Use the big dinosaur picture and cut the little dinosaurs off the bottom. Do you know the names of the dinosaurs? The clue is the sound that is written next to the dinosaur. Match the little dinosaur with one on the big picture.</p>	<p>Use your laminated dinosaur and speech bubble. Dinosaurs are really good at making sounds. Adult write a sound on the speech bubble and child say which sound the dinosaur is making (in your best dinosaur voice)</p>	<p>Sound Dinosaur likes to eat sounds. Fill your sound dinosaur with as many sounds as you can think of, just like he's eaten them.</p>	<p>Use one of the dinosaurs that you have made this week and your sound line. Listen to the sound that the grown up makes and put your dinosaur next to that sound. Then swap over. Child say the sound for the adult.</p>

Session 4	<p>2.45-3.15pm</p> <p>Zoom Story with one of your teachers in school.</p> <p>I wonder who it will be today?</p>	<p>2.45-3.15pm</p> <p>Zoom Story with one of your teachers in school.</p> <p>I wonder who it will be today?</p>	<p>2.45-3.15pm</p> <p>Zoom Story with one of your teachers in school.</p> <p>I wonder who it will be today?</p>	<p>2.45-3.15pm</p> <p>Zoom Story with one of your teachers in school.</p> <p>I wonder who it will be today?</p>	<p>2.45-3.15pm</p> <p>Zoom Story with one of your teachers in school.</p> <p>I wonder who it will be today?</p>
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Springvale Primary School Wellbeing Weekends



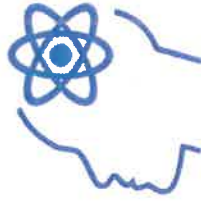
Friday afternoons will be screen/ZOOM free next half term and we will ask children to choose an activity or two from the grid below or the list overleaf to enjoy as we launch in to the 'wellbeing weekend!'



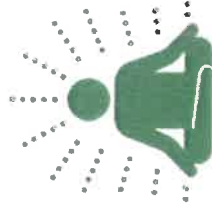
Maker Hour



Fitness Hour



Genius Hour



Zen Hour

Make a tall tower using objects in your house.	Create a hide-me stone. Go for a walk and hide it for someone to find.	Have a family bake-off and judge whose is best.	Draw a picture on a cereal box and cut it out to make a jigsaw.	Build a den or a fort (inside or outside).	Make a boat that will float in the bath. Whose will float the longest?
Make up a fitness routine – Joe Wicks style! Or you could scoot or cycle!	Make an obstacle course either inside or outside.	Teach your family a new dance.	Hold an indoor disco (perhaps a kitchen disco!)	Go for a walk and discuss what you see, hear, smell, taste.	Touch every wall in your house and time how long it takes. Improve your time!
Share and read your favourite books with each other.	Write and perform a play script involving your family.	Invent a brand new board game. Challenge your family!	Learn to read/spell 5 new words and teach someone else.	Draw a detailed family portrait including any pets.	Write a letter to a family member in another house and post it.
Help someone in your house (wash the dishes, tidy your room).	Look through a family photo album. Discuss who the people are.	Ask a family member to draw you a picture of your house. Colour it in.	Have a joke competition. Who can tell the funniest joke?	Play a board game or do a jigsaw together.	Listen to some music together. Share your favourite musical artists.



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Here are a list of activities that children can do independently if family members are working hard!

- Listen to a song that you like and learn the lyrics
- Create a dance to your favourite song
- If you have Lego-build something
- Watch a film and then write a review
- Draw a picture or comic strip
- Design a new school logo
- Read a book
- Painting
- Listen to an audio book
- Yoga
- Bird watching
- Mindful art
- Doodle-take your pencil for a walk
- Write a story
- Chalk on the floor or create some snow/mud art in the garden
- Plant some seeds
- Tidy their bedroom
- Treasure hunt- hide and find items
- Make a card for a loved one
- Write a letter and post it

Special thanks to Aston Fence J and I School for sharing some of their ideas!