



Date: 13/07/21

**F2 (Reception) children only**

FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at SPRINGVALE PRIMARY SCHOOL

### **Advice for Child to Self-Isolate for 10 Days**

Dear Parent,

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within the school in our F2 setting.

We have followed the national guidance and have identified that your child has been in close contact with the affected child as a member of their bubble. In line with the national guidance we recommend that your child now stay at home, from today, and self-isolate until and including **Wednesday 21<sup>st</sup> July**. We will have online lessons each day for the children throughout and we are here to offer support where required for pupils or families.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. **This means that children should not leave the house/garden for school, socialising or even exercise.**

If your child is well at the end of the period of self-isolation, then they can return to usual activities.

**Other members of your household can continue normal activities provided your child does not develop symptoms within the 10 day self-isolation period.**

Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

**A thorough clean of the affected areas (F2 classroom) will take place.**

Parents and carers will be kept informed of the measures taken by the school to mitigate and manage the situation and we thank parents and carers for their support.

Our thoughts are with the child and family involved and to every family who have had their education disrupted once again.

## **What to do if your child develops symptoms of COVID 19 or tests positive**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared and all other household members who remain well must stay at home and not leave the house for 10 days.

The 10-day period starts from the day when the first person in the house became ill.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Mr L McClure

Headteacher

## Helpful Advice

- 1. Children must self-isolate even if they do not have symptoms, they should not leave the house/garden to play or access other homes or activities**
- 2. Please be extra vigilant to the possibility of COVID symptoms developing. You can take a test if you are concerned**
- 3. Siblings of F2 pupils can attend school as normal, unless they start to display COVID symptoms or test positive themselves**
- 4. Self-isolating children cannot attend the school site on foot to drop off or collect siblings. If the isolation creates a childcare/safeguarding issue they may come in the car with you but not leave the car.**
- 5. The self-isolation applies to the F2 children but NOT their entire family (unless your child develops symptoms or tests positive at a later stage of the isolation period)**
- 6. Live teaching will be on offer every day this week.**