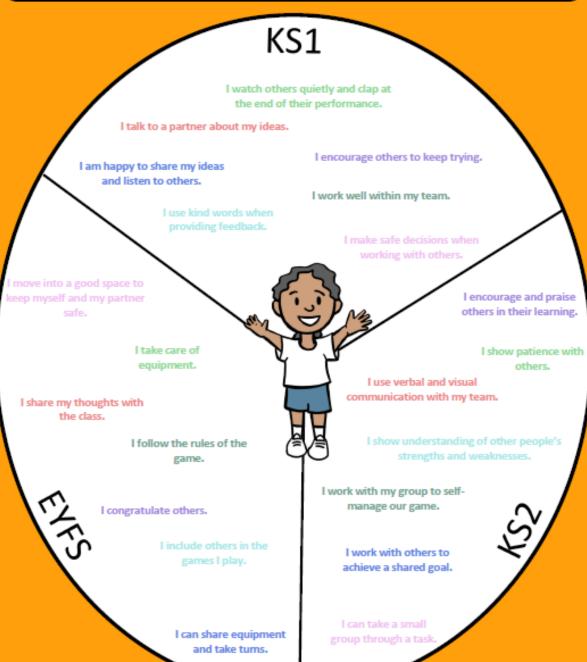


### SOCIAL SKILLS IN PE

Collaboration Communication Cooperation

Respect Kindness Leadership Supportive





### THINKING SKILLS IN PE

**Problem Solving** 

Selecting and Applying

**Providing Feedback** 

**Decision Making** 

Reflection

Comprehension

Creativity

## KS1

I choose where to move to help my team. I suggest ideas to solve tasks.

I know when and why I

I know when to pass and when to shoot.

I understand how to score points. I use key words to give people feedback.

I choose actions to help show an idea in dance.

I can choose my own methods of travelling.

I think about the best space to move into to avoid being caught.

Lunderstand when Lam

I choose a type of throw to help me to score points.

I understand the aim of the game.

I can say what I liked about someone else's performance.

I use my imagination to show different characters or ideas.

I make quick decisions, sometimes under pressure.

I plan and apply strategies to overcome a challenge.

> recognise my strengths and areas for development.

I decide what to do to make things harder for my opposition.

can use skills and tactics to outwit an opponent.

> I identify strengths and areas for development in other's performances.

I use my own ideas in response to a task.



# EMOTIONAL SKILLS IN PE

Confidence

Honesty

Integrity

Independence

Determination

Perseverance

**Empathy** 

### KS1

I share my ideas, contribute to class discussion and perform in front of others. I explore skills before asking for help.

I want to complete the challenges and tasks set for me.

I tell the truth about what I have achieved.

I continue to try my hardest even when I find things hard.

I am honest even when others are not watching me. I use kind words in my feedback.

I try new tasks and challenges.

I practise skills by myself.

I work hard in my PE lessons.

I say when I was caught.

I attempt tasks and challenges outside of my comfort zone.

I find my own ways to develop and complete challenges.

> I work hard to achieve my personal best.

I understand what my best

I use the rules of the game to play fairly.

I am happy to have another go if I don't succeed on the first try.

looks like and I work hard to achieve it.

I make honest decisions when independently playing games.

I understand how other people can feel and include them in my games.



I don't touch equipment that has been set out until told to do so.

I am kind to others and share with them so they don't feel sad.