



Springvale Primary School

Policy Title: Restraint
Date of Review: Spring 2024
Review by: Spring 2027

Signed by:
Chair of Governors

All policies available at www.springvaleprimary.org

Restraint Policy



A. Introduction

This policy was created after a period of consultation with relevant stakeholders within school. It has been formally adopted by governors and reflects our approach at Springvale Primary School.

B. Aims and Principles

The policy is underpinned by the central aims of Springvale Primary and values held by the school community:

C. Aims of the school

- Springvale is committed to promoting high standards of academic achievement for all learners in all subjects.
- As a school we will continue to develop and instil key life skills and values in our pupils.
- We will encourage positive relationships and communications between home, our community and the wider world.

In particular, Springvale School has an inclusive approach to our provision. Our aim is always to involve all our children and stakeholders in all areas of the curriculum and school life. In accordance with our Disability Equality Scheme we recognise that this may mean making special adaptations or arrangements from time to time for children with specific disabilities. We welcome the involvement of disabled adults in all areas of school life.

1. Introduction

1. Springvale Primary School recognises its legal and moral duty to promote the well-being of children, and protect them from harm.

The school believes that every child regardless of age has at all times and in all situations a right to feel safe.

We agree that we have a primary responsibility for the care, welfare and safety of the pupils in our charge.

2. Springvale Primary School is committed to a positive behaviour policy, which encourages children to make positive behaviour choices. We do however recognise that children sometimes do make the wrong choices. On rare occasions this may result in a situation that requires some form of physical intervention by staff. Our policy for physical intervention is based upon the following principles: -

- Physical intervention should be used only as a last resort when other appropriate strategies have failed.
- Any physical contact should be only the minimum required.
- Physical intervention must be used in ways that maintain the safety and dignity of all concerned.
- Incidents must be recorded and reported to the Executive Headteacher or Head of School and Designated Lead for Safeguarding as soon as possible.
- Parents will be informed of each incident.

3. We aim to avoid the need for physical intervention and regard this as a last resort in a tiny minority of situations. It is always the aim to deal with behaviour using a positive approach and therefore this policy should be read in connection with our Behaviour Policy.

4. It is not possible to define every circumstance in which physical restraint would be necessary or appropriate and staff will exercise their own judgement in situations which arise within the above categories. Staff will always act within the school's policy on behaviour and discipline, particularly in dealing with disruptive behaviour.

5. Staff are aware that when they are in charge of children during the school day, or during other supervised activities, they are acting in loco parentis and have a 'Duty of Care' to all children they are in charge of. Staff will, therefore, take reasonable action to ensure all pupils' safety and well being. If staff feel that their own safety is threatened they will not be seen to be failing in their duty of care by using force to prevent injury.

2. Aims of the school to minimise the use of force

1. In order to reduce the possibility of force being needed the school will:

- a) Create a calm, orderly and supportive school climate that minimises the risk and threat of violence of any kind;
- b) Continue to develop positive relationships between staff and pupils;
- c) Adopt a whole school approach to developing social and emotional skills using some aspects of The Social and Emotional Aspects of Learning (SEAL) programme, Time to Talk, Chill Out Zones, team teach strategies, access to the pastoral care staff and other appropriate resources;
- d) Take a structured approach to professional development that helps staff acquire the skills of positive behaviour management and managing conflict, as well as supporting each other during and after an incident;
- e) Recognise that situations which trigger challenging behaviours are often foreseeable;
- f) Effectively manage individual incidents, where practicable, communicating calmly with the pupil, using non threatening verbal and body language, ensuring the pupil can see a way out of a situation;

- g) Use strategies that might include going to a quiet room away from bystanders or other pupils, so that staff involved can listen to concerns;
- h) Wherever practicable warn a pupil that force may have to be used before using it

3. What the Law Says

1. Section 93 of the Education and Inspections Act 2006 enables school staff to use reasonable force to prevent a pupil from:

- a) Committing a criminal offence (or, for a pupil under the age of criminal responsibility, what would be an offence for an older pupil);
- b) Causing personal injury or damage to property or injury to other pupils and staff;
- c) Prejudicing the maintenance of good order and discipline at the school or among any pupils receiving education at the school, whether during a teaching session or otherwise;

2. The staff to which this power applies are:

- a) Staff who have attended 'Team Teach' training;
- b) Any member of staff at the school, under the guidance of trained staff.
- c) Any other person whom the Executive Headteacher or Head of School has authorised to have control or charge of pupils, under the guidance of trained staff.

3. The law states that there is no definition of "reasonable force". Whether the force used is reasonable will always depend on the circumstances of individual cases. Deciding on whether the use of force is justified will depend partly upon the context in which the misbehaviour takes place. The test is whether the force used is proportionate to the consequences it is intended to prevent. The degree

of force used should be the minimum needed to achieve the desired result. Use of force could not be justified to prevent trivial misbehaviour.

4. The statutory power conferred by section 93 of the Education and Inspections Act 2006 is in addition to the common law power of any citizen in an emergency to use reasonable force in self-defence or to prevent another person from being injured or committing a criminal offence. On preventing injury or damage to property, the statutory power is similar in scope to the common law power, except that it is only available to people authorised to have control or charge of pupils. Section 93 makes it clear that trained staff may use force to prevent behaviour that prejudices the maintenance of school discipline regardless of whether that behaviour would also constitute a criminal offence.

5. It is unlawful to use force as a punishment as per the definitions of corporal punishment, abolished by section 548 of the Education Act 1996.

4. Deciding if the use of force would be appropriate

1. The judgement on whether to use force and what force to use will depend on the circumstances of each case. In the case of pupils with Special Educational Needs (SEN) and/or disabilities it will depend on information about the individual concerned. Staff will make the clearest possible judgement about whether:

- a) The potential consequences of not intervening are sufficiently serious to justify use of force;
- b) The chance of achieving the desired result by other means are low;
- c) The risks associated with not using force outweigh those of using force;

2. Trained and other members of staff will be kept informed about and advised on how to deal with pupils who present particular risks to themselves or others under the direction of Senior Leadership Team.

5. The use of force

1. Any physical intervention used will always be the minimum needed to achieve the desired result. Wherever possible staff will not use force unless another member of staff or responsible adult is present to support, observe and call for assistance.

Before force is used staff will:

- a) tell the pupil to stop, and inform them of the consequences should they continue;
- b) warn the child that physical restraint will be used if they do not do as they are asked;
- c) communicate in a calm and controlled manner and will not give the impression they have lost their temper;
- d) attempt to send for assistance;
- e) send other children away if possible;

2. If force has to be used, staff involved will:

- a) tell the pupil that they are restraining him/her to avoid the pupil harming themselves, others or property;
- b) use only the minimum force necessary;
- c) attempt to communicate with the child throughout the incident;
- d) be sensitive of their own strength and body weight and to issues of gender;
- e) inform the Executive Headteacher or Head of School if he or she has not been involved;
- f) record the incident fully on the relevant paperwork (*see Appendix 1*) and give a copy to the designated lead for safeguarding;

3. The types of force likely to be used are:

- a) Leading a pupil by the hand or arm
- b) Shepherding a pupil away by placing a hand in the centre of the back
- c) Standing between pupils
- d) Blocking a pupils path (only to be used if a pupil is at risk of harming themselves or others)
- e) In more extreme circumstances, using restrictive holds (which require specific expertise or training), Such holds include Help Hug, Cradle Hug, Standing Wrap, Sitting Wrap, Standing Double Elbow, Half Shield, Sitting Double Elbow (Single Person), Standing Single Elbow (Two person), Advanced Front Ground Recovery (Three person).

6. Staff Training

1. The absence of accredited training does not preclude a member of staff from using reasonable force where needed. At Springvale Primary School designated members of staff will receive Team Teach training. The programme is not just about the physical use of force. Its approach provides a framework to equip schools and individuals with attitudes, skills and knowledge to facilitate environments that are free from fear and safe from harm. The physical techniques are assessed by an expert risk assessment panel. Team Teach is approved by OfSTED and the British Institute of Learning Difficulties (BILD). The Team Teach expectation is that people will communicate, assess, look and listen for opportunities to divert or de-escalate.

7. Recording and Reporting of Incidents

1. Section 246 of the Apprenticeships, Skills Children and Learning Act 2009 requires that governing bodies must ensure that a procedure is in place for recording each significant incident in which a member of staff uses force on a pupil and reporting each such incident to each parent of the pupil as soon as practicable after the incident. This is to ensure that parents are kept informed of

serious events at school involving their child. It also provides a level of transparency to avoid spurious or malicious allegations when use of force has been initiated.

Each significant incident is recorded using 'appendix 1' Serious Incident Report (SIR). The SIR will be completed as soon as practicable after the incident and parents will be informed.

The member/s of staff involved in the incident will compile the record and ensure that the designated lead for safeguarding checks the record. All records will be treated confidentially and dealt with in accordance with the Data Protection Act 1998.

While ultimately only a court of law can decide what is 'significant' in a particular case, school policy requires all incidents to be reported.

At Springvale Primary School the member of staff involved would verbally report all significant incidents to parents and other staff involved with the child, only the significant incidents mentioned above will be formally recorded and reported to the Executive Headteacher or Head of School. Governors will be informed at the Executive Headteacher or Head of School's discretion.

8. Post Incident Support

Following a significant incident any member of staff who has been involved will receive support in a non-blaming and caring manner. They will be given the opportunity to explore thoughts and feelings during and after the incident. This time will also be used to develop and record a strategy or alternatives for any future significant incidents. All staff are encouraged to support, guide and reassure each other.

9. Complaints and Allegations

All complaints that the school receives will be taken seriously. All matters will be dealt in line with the schools Complaints Policy. If a complaint is made following the use of force it will be dealt with by the Executive Headteacher or

Head of School of the school. If the complainant is dissatisfied with response then a panel of governors will be convened to address the complaint.

Where an allegation is made that a member of staff has used force inappropriately or unlawfully, school will follow the Allegations of Abuse Against Staff and Whistleblowing policy. This means that the Executive Headteacher or Head of School will inform the Local Authorities Designated Officer (LADO) on the same day that the allegation is made.

10. Monitoring and Reviewing

This policy will be monitored and reviewed on an annual basis, or in the event of national and local developments. The senior leadership team and the governing body will ensure that designated staff will be trained on a three yearly basis, and that any recommendations for developments through post incident support are considered.

11. Relevant Documentation

Government Guidance

The Use of Force to Control or Restrain Pupils

<http://www.teachernet.gov.uk/wholeschool/familyandcommunity/childprotection/usefulinformation/useofforceguidance/>

Safer Working Practice For the Protection of Children and Staff in Education Settings

<http://www.dcsf.gov.uk/everychildmatters/resources-and-practice/IG00311/>

Guidance on Allegations Against staff guidance

<http://www.teachernet.gov.uk/wholeschool/familyandcommunity/childprotection/usefulinformation/allegations/>

Appendix 1

SIGNIFICANT INCIDENT REPORT

Section A

Name of Pupil:		Year Group:	
Details of any SEN/Disability/Vulnerability: e.g. Child in Care, ADHD, ASD,			
Date of Incident:		Time:	Location:
Name of Staff Members Involved:		Names of any Witnesses:	
Name of any other pupils involved:		Names of witnesses:	

Reason for Intervention			
Danger to self		Danger to others	
Severe damage to property		Severe disruption to other pupils	
Describe Events Leading up to Incident including attempts to de-escalate:			

<p>Details of incident:</p>
<p>Witness signatures:</p>

Section B (to be completed if physical intervention used)

Physical intervention used			
Guided escort		Friendly hold	
Seated hold		Describe hold:* use extra sheet if necessary	

Breathing monitored		Number of staff involved	
Duration of physical intervention			

Section C (follow up)

Pupil's points of view <i>(if applicable)</i>
Pupil's behaviour target (amend IEP) <i>(if applicable)</i>
Report written by: Date: Signature:

Section D (Safeguarding Officers check list – please tick)

	Tick ✓
Incident/accident log book completed (if needed)	
Serious incident form checked	
Parents informed	
Staff debriefed	

Action taken by Safeguarding Officer:	
Safeguarding Officers signature:	Date:

Staff Risk Assessment

Directorate:	BMBC
Division:	Education
Service/Function:	School
Location:	Springvale Primary School
Date of Assessment:	14.3.24
Manager responsible:	Lee McClure
Lead Risk Assessor:	Helen Kelly
Lead Risk Assessor's Signature:	<i>L W McClure</i>
Risk Assessment Team Members:	Lead assessor, Trained Team Teach Staff

Activity covered by this risk assessment

Use of force to control or restrain pupils

Hazard	Risks	Control Measures	Actions Required	Person Responsible and Target Date
Unpredictable actions	Possible physical injury to pupils. Staff at greater risk of being injured e.g being nipped, bitten, hit, kicked or head butted. Possible self injury.	Trained staff use recognised techniques to de-escalate, restrain and remove to safe area. Trained staff may ask for assistance, they will guide others as to what to do. May require several members of staff to assist. Pregnant staff are NOT to be involved in restraint of children.	Make staff aware of limitations and actions that are appropriate to individual pupils. Adequate numbers of trained staff to be available.	
The increasing physical strength of the pupil.	More severe injury caused to trained staff, other pupils and adults.	May require several members of staff to restrain and remove.	Possibility of male members of staff to be trained. On going review of pupils physical capabilities.	
Furniture and school environment	Damage to furniture or injury caused by movement of furniture or other objects.	Talk to pupil, remove pupil from situation, direct other pupils and staff away from area. If necessary remove furniture or other objects.	Member of SLT may direct actions for safety of all concerned. Teacher in charge of class to control and ensure safety of other pupils.	

	Furniture may fall onto pupils. Injury caused by items being propelled.			
Unpredictable behaviour during out of school activities.	Injury to pupil, staff, other pupils and public. Risk of refusal to comply with staff direction.	Staff assigned to work with pupil to be present. Risk assessments to be completed appropriate to individual pupils. Consultation with parents/ carers. High Vis jackets to be worn when escorting pupil. Reins or push chair to be used with parental consent.	Risk assessments to be reviewed before outing in case of any changes. Ensure trained staff are present, identify individual pupil to all adults present.	

Manager's Assessment Acceptance Statement

I accept the details of the assessment and will ensure that the risk control measures identified, any risk control actions identified and monitoring requirements are acted upon within the given time scales.

Manager's Signature

Lee McClure

Date

14.03.24

Date of planned review (not to exceed 12 months)

14.03.25

Date of planned full re-assessment (not to exceed 24 months)

14.03.26