

# WEEK 1 MENU

3<sup>rd</sup>, 24<sup>th</sup> November. 15<sup>th</sup> December.  
5<sup>th</sup>, 26<sup>th</sup> January. 16<sup>th</sup> February.  
9<sup>th</sup> March

## WEDNESDAY

Cheese Puff with Crispy Potatoes & Gravy  
Roast Gammon with Crispy Potatoes, Yorkshire Pudding & Gravy  
Green Beans & Carrots  
Toffee Apple Crumble & Custard

## MONDAY

Chilli Wraps with Paprika Wedges  
Chicken Burger with Paprika Wedges  
Sweetcorn & Broccoli  
Vanilla Ice Cream

## TUESDAY

Cheese & Tomato Panini with Wedges  
Chicken Curry with Rice  
Peas & Coleslaw  
Orange Drizzle Cake

## THURSDAY

Veggie Strips with Wedges  
Margherita Pizza with Wedges  
Sweetcorn & Mixed Salad  
Pear & Berry Sponge

## FRIDAY

Quorn Dippers & Chips  
Battered Fish & Chips  
Peas & Baked Beans  
Chocolate Puffed Rice Cake

# WEEK 2 MENU

10<sup>th</sup> November. 1<sup>st</sup> December.  
12<sup>th</sup> January. 2<sup>nd</sup> 23<sup>rd</sup> February.  
16<sup>th</sup> March

## WEDNESDAY

Cheesy Veggie Bake with Crispy Potatoes & Gravy  
Roast Chicken with Crispy Potatoes, Yorkshire Pudding & Gravy  
Roast Veggies & Herby Green Beans  
Chocolate Shortbread

## MONDAY

Veggie Sausage with Mashed Potato & Gravy  
Pork Sausage with Mashed Potato & Gravy  
Peas & Carrots  
Apple & Berry Crumble with Custard

## TUESDAY

Quorn Burger with Wedges  
Beef Bolognese with Garlic & Herb Bread  
Roasted Veggies & Sweetcorn  
Vanilla Sponge

## THURSDAY

Veggie Chilli with Rice  
Pizza Baguette with Garlic & Herb Wedges  
Sweetcorn & Broccoli  
Pineapple Upside Down Cake

## FRIDAY

Tomato Pasta Bake  
Fish Fingers & Chips  
Peas & Baked Beans  
Jelly

# WEEK 3 MENU

17<sup>th</sup> November. 8<sup>th</sup> December. 19<sup>th</sup> January. 9<sup>th</sup> February. 2<sup>nd</sup>, 23<sup>rd</sup> March

## WEDNESDAY

Veggie Sausage with Crispy Potatoes, Yorkshire Pudding & Gravy  
Roast Pork with Crispy Potatoes, Yorkshire Pudding & Gravy  
Carrots & Cabbage  
Eve's Pudding

## MONDAY

Hot Dog & Wedges  
Chicken Meatballs with Tomato Pasta  
Roasted Veggies & Green Beans  
Peach Crumble with Custard

## TUESDAY

Cheesy Baked Bean Wrap with Wedges  
Chicken Korma with Rice  
Broccoli & Sweetcorn  
Chocolate Orange Brownie

## THURSDAY

Chinese Fried Rice  
Margherita Pizza with Cajun Wedges  
Sweetcorn & Red Cabbage Slaw  
Oat Cookie

## FRIDAY

Veggie Penne Bolognese  
Fish Fingers & Chips  
Mushy Peas & Baked Beans  
Tiffin

Jacket Potatoes & Sandwiches are available every day

Pasta Pot is available on Tuesdays & Thursdays



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at [www.eatcoolfood.org](http://www.eatcoolfood.org)

Menu Key:

Plant Based Vegetarian 1 of your 5 a day Boosted Low Carbon

